

As cats get older or develop arthritis, simple things like using the litter tray can become more difficult or uncomfortable. A few small changes can make a big difference in helping your cat feel more comfortable and confident.

Here are our recommendations to support your cat:

Choosing the Right Litter Tray

We recommend using a **large, open litter tray**, ideally around **1.5 times the length of your cat** (from nose to base of tail), with a **low entrance (around 6 cm or lower if needed)**.

Why this helps:

- A larger tray gives your cat plenty of space to turn comfortably without straining stiff joints
 - A low entrance makes it much easier to step in and out without pain
 - Open trays prevent your cat from feeling restricted or “trapped,” which can be especially important for older cats
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The Best Type of Litter

Use a **soft, fine, small-granule litter**, such as *Cat’s Best Sensitive* or a similar product.

Why this helps:

- Softer litter is gentler on sore or sensitive paws
 - Fine textures are easier to dig in and feel more natural for your cat
 - A comfortable surface encourages your cat to keep using the tray
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Where to Put the Litter Tray

Location is just as important as the tray itself. We recommend:

- Placing trays in **quiet, low-traffic areas** where your cat feels safe
- Having a **tray on each level of your home**, especially if stairs are difficult
- Keeping a tray **close to your cat’s favourite resting spots**
- Ensuring **easy access** (no obstacles or slippery floors)
- Avoiding placing trays near food and water bowls

Why this helps:

- Reduces the effort needed to reach the tray
- Prevents accidents if your cat can’t get there in time
- Helps your cat feel relaxed and secure when toileting

Final Thoughts

These small adjustments can make a significant difference to your cat's comfort and wellbeing, and can help prevent accidents around the home. Our goal is to make toileting as easy and pain-free as possible for your cat.

If you have any questions or would like help choosing the right setup, please feel free to get in touch — we're always happy to help.

Kind regards,
Your Vet2cat team